

Message from President • June 21, 2022



LYMPHEDEMA  
ASSOCIATION OF  
ONTARIO

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2022 E-VOLUME 8

June 21, 2022



• HELLO •

Summer



## **Message from the President**

Dolores Steinwall | June 21st , 2022

**Happy First Day of Summer!**

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Dear Members,

I wanted to share a quote with you that has resonated with me the past few months and during the last three years that I have been a member of the LAO.

"I have learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel" - *Maya Angelou*

Thank you to all of the people who have taken the time to call or email and send their thanks for the work we do for the LAO. This gives me the motivation and strength to carry on and try to make a difference in the lives of patients with Lymphedema.

### LAO Summer Updates

Some important dates to keep in mind:

The 2022 Annual General Meeting has been moved to **July 19th, 2022 6:00-8:00 pm**. Please mark it in your calendars and attend. We need an engaged membership to help make a difference. More information will be sent out this week.

We are looking for your feedback so please take the time to **complete these general surveys**. There is one for patients and one for therapists.

- Therapist Feedback Survey: Please [click here](#)
- Patient Feedback Survey: Please [click here](#)

Pam Hammond, one of our therapist members, partnered with Lucinda Sykes and very kindly sent us some exercises to share with you all. They are posted in the Patient's Corner, so please ensure that you are signed into your LAO account in order to access that section of the website. Please [click here](#) for the Patient's Corner.

On that note, please don't forget to check the **Patient's Corner** for recordings of recent webinars, information on volunteer opportunities, and more.

We also work hard to frequently update the **"Other News & Event's"** section on our website with information about Lymphedema related webinars, events, research developments across Canada and the US, and newsletters from other organizations. To view that section, please [click here](#).

We hope you are enjoying the beginning of summer and we look forward to seeing you at the Annual General Meeting very soon.

Sincerely,



Dolores Steinwall



## Member Stories

Please continue to share your stories with us so that we can feature them in the next newsletter.

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